

Date: Saturday, June 5; 11 am- 4:00 pm
Venue: University of Hawaii Pool,
Commissioner: Anita Rossing, *rossing@hawaii.edu*
Format: All contests are final; each diver completes his/her list only once; divers may compete in only one group per event, and must dive in the age group they will be in as of June 5.
Register Fee: \$25 per person (includes insurance, t-shirt and cost of medals).
Registration: DEADLINE May 31; \$5 penalty for late or walk-up registrations paid in cash only.
Organizer: Sunshine Diving
T-Shirts: All T-shirts may be picked up at the tournament venue on competition day.
Diving Sheets: Diving sheets are due on Thursday, June 3, two days prior to competition. Please send diving sheets with your mailed registration form – it will be appreciated. Changes to diving sheets can be made until the start of each event.

Event: 1 Meter – Male / Female
Groups: Novice; Junior; Senior; Masters
Event: 3 Meter – Male / Female
Groups: Novice; Junior; Senior; Masters
Event: Synchronized 1 Meter
Groups: Group One; Group Two

2010 Registration Form – Springboard Diving

Each diver also must fill out side one of this form and sign waiver. Divers under 18 years of age must have a parent’s signature on the waiver.

Name _____ Date of Birth _____

T-SHIRT SIZE(adult sizes): S M L XL XXL

E-Mail Address _____ Your Age on June 5, 2010 _____

Events Entered (Check)	Circle Group Entered	Male _____ Female _____
____ One Meter	Novice / Junior / Senior / Master	Age Group/Novice Group _____
____ Three Meter	Novice / Junior / Senior / Master	Age Group/Novice Group _____
____ Synchronized One Meter	Group One / Group Two	

All waivers and entry forms must be submitted with appropriate registration fee.

ENTRY FEE – \$25 PER DIVER \$ _____

Make checks payable to Aloha State Games

SEND TO Anita Rossing
 3349 Pakanu St.
 Honolulu, HI 96822

For more information, go to www.alohastategames.com,
 or contact Anita Rossing, *rossing@hawaii.edu*, or 808-956-7650